

What is 10 and Under Tennis?



10 and Under Tennis follows the same logic as other youth sports like baseball or soccer, which use kid-sized courts and kid-sized equipment. Kids learn to play baseball by first playing T-ball; they use shorter, lighter bats and larger, softer balls. Kids learning basketball shoot baskets with kid-sized balls on lowered backboards and they play soccer on smaller fields with smaller goals. Now with 10 and Under Tennis, balls bounce lower, don't move as fast through the air and are easier to hit. Kids tennis racquets are sized for small hands and courts are smaller and easier to cover. By using this format within a short time kids are rallying, playing, and excited to keep playing. That means kids will have more fun and less frustration.

What's Different?

Frustration is cut way down when equipment and rules match kids' development level. Kids learn tennis faster and can master skills before moving on to the next level. They're playing real tennis and having a lot of fun at the same time. Kids build confidence in their game with balls they can hit and a court they can cover. Kids are more likely to keep playing and improve their tennis game when they're having fun!



2018 Camp Back to Our Home Courts!

Our camps will continue at Granite Hills High School. Please visit our website for directions and the location of the courts on campus.

Summer 2018 Camp Fees & Dates

Five or four day sessions are \$125. Three day sessions \$90, two day sessions \$70 and one day sessions \$40. Sign up for two full sessions and receive 10% off total fee. Sign up for three or more and receive 15% off.

- ◆ Session 1: Mon. June 25 - Fri. June 29
- ◆ Session 2: Mon./Tue. July 2 - 3 and Thur./Fri. July 5 - 6 (*4-Day)
- ◆ Session 3: Mon. July 9 - Fri. July 13
- ◆ Session 4: Mon. July 16 - Fri. July 20
- ◆ Session 5: Mon. July 23 - Fri. July 27
- ◆ Session 6: Mon. July 30 - Fri. August 3

What To Bring To Camp

- ◆ Bring a tennis racquet if you have one. If you don't have one, we'll have one for you to use!
- ◆ Come to camp with sunscreen, hat and/or visor.
- ◆ Water bottle, and snack if desired.
- ◆ Non-marking tennis shoes (not black-soled running shoes). Please note in order to maintain the quality of our courts, this policy is strictly enforced.

East County Tennis

Summer 2018 Youth Tennis Camps



For More Information Call

619-777-6475 or go to

www.EastCountyTennis.com



Summer Youth Tennis Camps

For kids ages 5 through High School, the East County Tennis Summer Youth Camps at Granite Hills High School Tennis Center serves players of all abilities. Your child will have the opportunity to learn tennis in a fun, supportive and positive environment.



Tennis Camps are geared towards the age and ability differences that we've seen in campers over the years. For our younger players we employ the teaching strategies of "10 and Under Tennis" to maximize the fun and learning experience of our campers (see back panel for more information).

Intermediate and advanced players will be taught more advanced stroke work and strategies with some fun physical fitness. Players in this program will learn through a mix of drills and actual play where sportsmanship is always stressed.

REGISTER NOW AT:

www.EastCountyTennis.com

or for more information call:

(619) 777-6475

Tennis Camp Includes:

- ◆ Tennis camp from 9 a.m. - 12:00 p.m.
- ◆ Instruction, games and match play
- ◆ Playing for prizes
- ◆ Quick Start format using "10 & Under Tennis"
- ◆ Low Student to Teacher ratio
- ◆ Drinks provided daily



How Do I Register?

The best way to register is by visiting our website at www.EastCountyTennis.com. Just click on "Sign Up for Our Summer Camps". If you have any questions you may contact us at (619) 777-6475 or by email at: Patty@EastCountyTennis.com

Patty Tibbitts - Director of Tennis



Patty brings four decades of playing and teaching experience to East County Tennis. For 30 years Patty served as the Assistant Teaching Pro at Singing Hills and Sycuan Tennis Clubs where she was intimately involved in all youth activities, lessons

and camps. Patty has also coached the Granite Hills High School Girls Tennis Team for 35 years and the Boy's team for 9 years.

As a player, Patty was two times the San Diego Section CIF Doubles Champion. Following her High School years, Patty went on with a full ride scholarship to play both singles and doubles at United States International University. Patty received the honor as the team MVP in her Senior Year.

In 2011 Coach Tibbitts was recognized as the *CIF Model Coach of the Year*. This was a real honor as Patty was selected from a pool of hundreds of coaches from all sporting programs over the entire state of California.

